Study Abroad
IN GREECE

Listen
to the earth and the sea

Study
the light of the sun

Feel
the vibe of the philosopher

Learn
from Greece
Let Greece Be Your Oyster

Many students consider studying abroad the best decision they make while they were in college, and those who did have the opportunity to do so, or chose not to, wish they had. Studying abroad is often the experience of a lifetime for students for a plethora of reasons. Learning about culture and language from the inside is probably the best way to do it. Our special Study Abroad issue is a wonderful opportunity to learn

around

cultural
eras

Study Abroad in Greece

Around 2500 years ago, Greece was the educational and cultural center of the Western World. As an initial testing ground for modern democracy, Greece charted out great thinkers, great writers and great politicians. It also became a center of learning for millennia. But Greece does not only take pride in its cultural and historical legacy; it also preserves its traditions and enhances it through education today.

Greece is the ideal place to study a wide variety of subjects in a beautiful setting. Whether philosophy (what better place to study philosophy than the home of thinkers like Socrates, Plato and Aristotle), architecture (there are other masterpieces to take masterpiece inspiration from than the Parthenon, Olympia or the Acropolis Palaces), politics (as we all know, Greece is the birthplace of democracy), or medicine (students can follow in the footsteps of ancient medical students who flocked to Kos to learn from the father of medicine, Hippocrates).

Study in Greece

fall / spring / summer / winter

Five Tips for College Students to Avoid Burnout

By Ryan Korstange, Middle Tennessee State University (THE CONVERSATION)

Burnout is a state of exhaustion that can lead to feelings of isolation, loss of accomplishment and even depression. Although research has long shown that burnout affects employees, we now know burnout also affects students.

As a researcher who specializes in identifying factors that help college students get through their first year of college, I’d like to offer a few tips to help students avoid burnout. I will outline the positive effects of intrinsic motivation – the idea that learning is an end in itself – and provide some practical ideas to help students achieve this state of mind.

1. Start with Why

Intrinsic motivation – the idea that learning is an end in itself – is the most effective coping strategy. The most important step is ensuring that you’re not doing something because you think you need to. Intrinsic motivation includes finding the skills you want to develop and the experiences you want to have while you’re in college.

2. Visualize Your Work and Progress

Use the syllabus and other resources to get a feel for the areas of the course you’ll be focusing on. Aim to aim what you accomplish and celebrate small wins along the way.

3. Work a Little Every Day

High-impact learning requires the routine setting of time and effort and deliberate practice and self-regulation. However, the majority of college students spend less than 10 hours per week studying in high school and need to learn to put in more effort. Moreover, the study practice that college students identify as most commonly – highlighting or underlining notes, re-reading material over and over, and summarizing class content – are the least effective.

In order to avoid burnout, students need to take advantage of the learning strategies that have proven to be most effective. Spread your study habits over time rather than cramming. Actively retrieve the material you are learning and avoid memorizing. The benefits of this practice will have lasting and wide-ranging effects in your personal and professional life – like living longer, making more money and passing those beneficial benefits on to your children.

The Conversation (an independent and nonprofit source of news, analysis and commentary from academic experts) was created in response to the Conversation under a Creative Com- merce license.)
major site and monument in Greece, not just from antiquity but Byzantine and Frankish buildings and other sites – that is the most intensive part of the program. And then we offer two graduate-level seminars for visiting professors – and they are given a chance to learn to excavate at the site of Corinth.”

The ASCSA year abroad features a three-part program: archaeology, travel to sites, and seminars which give the access to ASCSA’s renowned libraries. The Gennadius Library houses Late Antique and Byzantine manuscripts, lost students can also see Heinrich Schliemann’s original notebooks on the excavations at Troy. The Blegen Library, named after a past director of the School, Carl Blegen, is one of the best libraries dedicate to archaeology in the world. It has about 14,000 volumes devoted to the classics, including philology, classical literature and art history, and archaeology. The library includes the original volumes of Sir Arthur Evans’ excavation of the Palace of Knossos.

Neils noted a new floor was devoted to the library last year, giving it a lot more space.

Recent new ASCSA facilities include a state of the art auditorium and the Makriyannis Wing, which includes an exhibition space, as well as a major research laboratory for archaeological sciences— the Malcolm H. Wiener Laboratory.

Scholars are also brought to the cutting edge of their fields the formal and informal endeavors of faculty. Sylvian Fachard, ASCSA’s Mellon Professor of Archaeology, is on a voluntary basis teaching the students a seminar in Geographical Information Science (GIS). “It’s used by everybody now,” Neils said, adding “It’s a very important instrument for plotting sites and things… they plot items using geographical data points. If you want to see where all the Agora Hermes came from, you can plot all the fragments on the Agora map.”

Dipping Down and Reaching Out

ASCSA’s biggest current outreach program is based in Corinth. Neils said, “we have an intern, a very talented Greek-American woman Eleni Gizas, Steinmetz Family Foundation Museum Fellow, who is doing phenomenal things for K-12 students. She creates lesson plans and shapes all over the world and there are related special programs.”

The Faliro project – the excavation of cemeteries at the Delta of Faliro, on the ground the Stavros Niarchos Cultural Center south of Athens – has been generating international news for a number of years. “Some skeletons are still in the ground but 1,200 are in our laboratory – six horses, by the way. I’m very interested in them. We want to figure out if they are race horses, cavalry horses, etc.” Neils said.

Among most exciting projects of the ASCCSA is the excavation of the Stoa Phile – the building that the famous ancient philosophical school was named after – site by site. Not only archaeologists and Director of Excavations at the Athenian Agora, Dr. John Camp, in the near future the site at the Athenian Agora, where the School has been digging since 1891, will be completely cleared of the modern buildings above the foundations of the Stoa, but work has been taking place beneath the contemporary structures. The results will fascinate scholars and tourists alike.

American School of Classical Studies at Athens

Studying Buildings, Building a Great School, Creating Remarkable Experiences

Jenifer Neils, is the first woman in the School’s 138-year history to serve as ASCSA’s Director. Regular Members are seen at the Erechtheum site with Andrew W. Mellon Professor of Classical Studies Sylvian Fachard in lower left photo, and two members are enjoying exploring a fascinating site in the center photo. The lower right photo is drone shot: an aerial view of the American School of Classical Studies at Athens campus.
What are the advantages of studying in Athens as opposed to elsewhere in Greece or the European Union?

Athens is also home to 148 different theatres – more than London’s West End and Broadway combined. With several beaches and islands just a short ride away, studying Athens offers you much more than just the opportunity to explore the city. At ACG students live on and off campus – we utilize the city as an extension of our classroom. ACG students do not only become experts in their field of study, but they also learn about history, philosophy, art, culture, and food firsthand while living in the beautiful Greek capital. ACG students are global citizens, and an ACG student has the opportunity to discover all that Greece and Europe has to offer.

To world-class museums and restaurants, to countless shops and boutiques, there is always something new to experience in Athens. The city hosts more than 46 museums, including the National Archaeological Museum and the Acropolis Museum. Athens is also home to 146 different theatres – more than London’s West End and Broadway combined. With several beaches and islands just a short ride away, studying Athens offers you much more than just the opportunity to explore the city. At ACG students live on and off campus – we utilize the city as an extension of our classroom. ACG students do not only become experts in their field of study, but they also learn about history, philosophy, art, culture, and food firsthand while living in the beautiful Greek capital. ACG students are global citizens, and an ACG student has the opportunity to discover all that Greece and Europe has to offer.
American College of Thessaloniki
Historic Roots, Contemporary Dynamism

STUDY ABROAD IN GREECE
SEPTEMBER 7, 2019

“TRAVEL. ENGAGE. ESCAPE. LEARN.”

“Organized by our International Program and Student Services Offices. The program includes a day trip to Vergina and a weekend trip to Athens and Delphi. Students can also participate in additional trips to other nearby UNESCO World Heritage Sites, including those in Thessaloniki and the surrounding region. To learn more about our course offerings, feel free to visit our website: https://www.act.edu/studyabroad/courses.”

To find more about the admission process, visit our website: https://www.act.edu/studyabroad/admissions.

“At ACT, we strive to build lifelong learners.”

Can students study abroad in the summer?

Yes! We offer a Summer semester (Late April–Mid June); 8 weeks. In many cases, students will combine Spring I and Spring II or Spring II and our Summer semester to create a full academic year.

What types of courses are offered at ACT?

ACT offers a variety of courses, including academic, cultural, and recreational opportunities. Some courses that are unique to ACT and not available at other institutions include:

- Hellenic-American Scholarship (50% of tuition covered) for students of Greek descent
- Merit scholarship ($1,000) for students who demonstrate academic fit
- Hellenic-American Scholarship (50% of tuition covered) for students of Greek descent

More information and eligibility requirements can be found on our website: https://www.act.edu/studyabroad/eligibility.

What are the housing options at ACT?

Yes, they are! We are accredited by the New England Commission of Higher Education (NECHE). NECHE is the accreditation organization that ACT meets, ensuring that we meet the requirements for the assessment of academic quality and integrity periodically applied through a peer review process. ACT is the only institution in Northern Greece accredited by NECHE, the commission that accredits prestigious U.S. universities. ACT’s undergraduate degree programs are also recognized by the English-speaking world and are transferable back to their home institutions. Some courses that are unique to ACT and not available at other institutions include:

- Hellenic-American Scholarship (50% of tuition covered) for students of Greek descent
- Merit scholarship ($1,000) for students who demonstrate academic fit

More information and eligibility requirements can be found on our website: https://www.act.edu/studyabroad/eligibility.

What is the student-to-teacher ratio at ACT?

Yes, they will! We offer a plethora of excursions and field trips organized by the Program itself. Some courses that are unique to ACT and not available at other institutions include:

- Hellenic-American Scholarship (50% of tuition covered) for students of Greek descent
- Merit scholarship ($1,000) for students who demonstrate academic fit

More information and eligibility requirements can be found on our website: https://www.act.edu/studyabroad/eligibility.

Are there scholarships available at ACT?

Yes, we are committed to making ACT a financial fit for our students, as well as our personal and academic fit. Our scholarships include:

- Merit scholarship ($1,000) for students who have reached sophomore status at their home institution and have a cumulative GPA of at least 3.0 (or 4.0 on a 4.0 scale)
- Hellenic-American Scholarship (50% of tuition covered) for students of Greek descent

We hope that with this support, we will have even more Greek-American students studying abroad at ACT, thereby they will the opportunity to come to the root of learning about their area of study.

Small school. Big adventures.

Pinewind is a college preparatory day and boarding American International school in Thessaloniki, Greece. The school has been serving the international community, with mostly hosts 350 students in grades 6-12. The Pinewind Greek Experience Study Abroad program is for high school students in grades 11 or 12. The program allows students to experience Greek culture, language, and customs. The program includes a week-long trip to Thessaloniki and surrounding areas, including visits to historic sites and landmarks.

Our campus is located in Greece’s largest college city, Thessaloniki, where cultural immersion is inevitable.
gram has a multiplier effect because the benefits of educational exchanges between the two countries through the Fulbright Program also radiate into the local community. The scholarship program allows for a wide range of research, teaching, and other professional opportunities.

The Fulbright Program in Greece is conducted in cooperation with the Greek Ministry of Education, Culture, and Sports and with the support of the Greek National Scholarships Foundation. The program offers scholarships to U.S. citizens for advanced research, teaching, or other professional opportunities.

The Fulbright Foundation in Greece, led by the National Fulbright Director, oversees the administration of the program and works closely with the Greek government to ensure that the program's goals are met.

The Fulbright Foundation in Greece is committed to promoting educational and cultural exchange between the United States and Greece. The program's success depends on the active participation of both countries, and we are confident that the Fulbright Program in Greece will continue to be a valuable resource for students and professionals from both countries.
College Year in Athens Setting Out for the Capital of Greece

... but it does not matter so much if the people I meet are scholars or are barely literate. What I have understood from my ancestors is that Greece has always been with them no matter how far they travel...
Create your future self in Greece!

However you imagine your future, you can make it happen at The American College of Greece. Combine the benefits of American education with the legacy of an amazing country.

- Accredited by the New England Commission of Higher Education (NECHE).
- Choose from a selection of 28 innovative majors, 49 minors, and over 1,200 courses in the fields of Business, Liberal Arts and Sciences, and the Fine and Performing Arts.
- Interact with over 3,500 students from 73 countries in a diverse, multicultural environment.
- Join our rich, vibrant student life through ACG’s various clubs and societies.
- Benefit from our state-of-the-art athletic and academic facilities on ACG’s 64-acre campus.
- Enjoy everyday life in our top quality residences, located in a safe, quiet neighborhood close to the campus.

Start your future now at The American College of Greece.

The American College of Greece
Office of North American Enrollment and Study Abroad
31 State Street, 4th Floor
Boston, MA 02109
Tel: (617) 224-9008

In Greece:
Tel: +30 210 600 9800 ext. 1406
email: usadmissions@acg.edu

www.acg.edu