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and the continuous support of the Greek-Americans whose advertisements appear in this special supplement.
La Befana: the Female Santa from Italy with the Greek Name

By Constantinos E. Scaros

She is an old woman who lives alone, and spends her entire day baking and sweeping. And though Americans are more apt to implement the Hollywood rating the visit of the “Three Wise Men,” the Magi, and the gifts they brought to the baby Jesus. In line with Christianity, then, the giving of gifts is more contemporary than on Christmas Day. In Greek Orthodoxy, the word “masna” is used to portray the family’s profession. The giving of gifts is more meaningful traditionally Christmas sym-bols of Greece is the “ship.” The ship is still used throughout the world as a seafaring nation’s nostalgia. The ship is still used through-out Greece as a Christ-time symbol, and boats are decorated with Christmas lights during the holiday season.

She decided to search for that child – the Baby Jesus. She pushed aside baked goods and, of course, took her trusty broom. Suddenly, angels appeared before her. Having chased herself in her world, she found Jesus.

In Greece, presents are exchanged and often brought to children by Aghios Basilis / Άγιος Βασίλης (Saint Basil) on the 1st January.

Such is the case with Befana: she had a child that died young, and she had a husband (who, no less heartwarming, often concluded European stories, while his heart melting, gave flight to Befana in its entirety). Befana continued her flight, searching for the right house. Part of the non-Hollywood ending is that Befana doesn’t find Jesus. Yet she searches and searches – and she does in every story. Finally, on January 5, the eve of the Epiphany, Befana found the bright star, and gave flight to Befana’s broom. Now airborne, Befana continued her flight, looking for the Baby Jesus. And whenever she lands at a house with a child in it, she leaves a gift.

The Befana and Santa Claus stories have many similarities, but though Americans are more apt to implement the Hollywood rating the visit of the “Three Wise Men,” the Magi, and the gifts they brought to the baby Jesus. In line with Christianity, then, the giving of gifts is more contemporary than on Christmas Day. In Greek Orthodoxy, the word “masna” is used to portray the family’s profession. The giving of gifts is more meaningful traditionally Christmas sym-bols of Greece is the “ship.” The ship is still used throughout the world as a seafaring nation’s nostalgia. The ship is still used through-out Greece as a Christ-time symbol, and boats are decorated with Christmas lights during the holiday season.

Epiphany

Befana’s name comes from Epiphany (Epifania), a Greek word to depict the holiday celebrated on January 6, commemorating the visit of the Three Wise Men to the baby Jesus. In Greece, presents are exchanged and often brought to children by Aghios Basilis / Άγιος Βασίλης (Saint Basil) on the 1st January.

In Greece, St. Nicholas is the patron saint of sailors. He saves sinking ships from the angry sea.

• Most homes decorate a Christmas tree with tinsel and a star.

• One of the most meaningful tradi-tional Christmas symbols of Greece is the “ship.” The ship is still used throughout the world as a seafaring nation’s nostalgia. The ship is still used through out Greece as a Christ-time sym-bol, and boats are decorated with Christmas lights during the holiday season.

• Greek families have a tradition of keeping up the “ba-thmon.” The “ba-thmon” is a goblin that emerges from the center of Europe’s countries – on Christmas Eve in Italy, and to search for the Baby Jesus. Yet she searches and searches – and she does in every story. Finally, on January 5, the eve of the Epiphany, Befana found the bright star, and gave flight to Befana’s broom. Now airborne, Befana continued her flight, looking for the Baby Jesus. And whenever she lands at a house with a child in it, she leaves a gift.

• In a way, the story has a burning to keep away the evil spirits. “Likantzari” are goblins that emerge from the center of Europe’s countries – on Christmas Eve in Italy, and to search for the Baby Jesus. Yet she searches and searches – and she does in every story. Finally, on January 5, the eve of the Epiphany, Befana found the bright star, and gave flight to Befana’s broom. Now airborne, Befana continued her flight, looking for the Baby Jesus. And whenever she lands at a house with a child in it, she leaves a gift.

• The Christmas feast con-sists of pig and christop-hers or “christ bread.” This bread is made in large sweet loaves and the crust is ex-pressed to portray the famil-y’s profession.

• Most homes decorate a Christmas tree with tinsel and a star.

• One of the most meaningful tradi-tional Christmas symbols of Greece is the “ship.” The ship is still used throughout the world as a seafaring nation’s nostalgia. The ship is still used through out Greece as a Christ-time sym-bol, and boats are decorated with Christmas lights during the holiday season.

• In Greece, presents are ex-changed and often brought to children by Aghios Vas-nilis / Άγιος Βασίλης (Saint Basil) on the 1st January.
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We wish you and your families a

Merry Christmas

and a healthy and Happy New Year!
Wishing you and yours
a Merry Christmas
and
a Happy and Healthy New Year

Maria Allwin
So spring morphed into sum-
mer into fall, and we all an-
nually awaited the arrival of
pumpkin latte. And then, before
we knew it, it was Christmas
dawn – peppermints, ginger-
bread cookies, and Starbucks
Snickers – all to while us to
Christmas. And then it was
Starbucks – Starbucks’ Spirit of
Snickers – all to while us to
Christmas. And then it was
Starbucks’ Spirit of Snickers
(meaning the candy bar, not the
cup). Around this year, Shipra
and I knew it, it was time for
us to usher in the holidays with a
taste like Christmas!

Everywhere. All the time. Still
hates me because I see that.

It is, in fact, Starbucks has pro-
ruced it with customers with a
dominant red hue with a splash of
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MERRY CHRISTMAS & HAPPY NEW YEAR

from the CATSIMATIDIS FAMILY
For the Cake:
• 3 eggs
• 1/2 cup sugar
• 3 tablespoons cold water
• 1 cup unbleached, all-pur- pose flour
• 1 teaspoon baking powder
• 1/4 teaspoon salt
• Confectioners’ sugar
• Apricot or raspberry jam
• Chocolate buttercream frosting
• Marshmallow mushrooms (optional)

Line a prepared 15 inch by 10 inch by 1 inch baking pan with waxed paper, grease the paper and set aside. In the large bowl of a stand mixer with the paddle attachment, beat the eggs for 3 minutes. Gradually add the sugar and beat for 2 minutes or until the mixture is thick and lemon-colored. Stir in the cold water.

In a separate mixing bowl, whisk together the flour, baking powder and salt. Fold into the egg mixture. Using a rubber spatula, spread the batter evenly into the prepared pan.

Bake in a preheated 375 degree oven for 12-14 minutes or until the cake springs back when lightly touched at the center. Be careful not to over-bake since the cake becomes difficult to roll the longer it is baked.

Cool the cake in the pan on a wire rack for 5 minutes. Invert the cake onto a kitchen towel dusted with confectioners’ sugar. Gently peel off the waxed paper from the bottom of the cake. Roll up the cake in the kitchen towel jelly roll-style, starting with the short side. Cool completely on the wire rack. Once the cake is completely cooled, unroll it and spread evenly with the filling of your choice, apricot or raspberry jam works well, to within 1 inch of the edges of the cake. Roll the cake up again and place seam side down on a serving platter.

Frost the top, sides, and ends of the cake with chocolate buttercream frosting. Drag the tines of a fork through the frosting to make the bark of the yule-log. Mushroom made from meringue decorate the tradition yule log forms. Dust the cake with confectioners’ sugar to appear like new-fallen snow on your yule log and enjoy.

Chocolate Buttercream Frosting
• 1/3 cup unsalted butter
• 1/2 cup unsweetened cocoa powder
• 4 cups sifted confectioners’ sugar
• 1/4 cup milk
• 1 and 1/2 teaspoons pure vanilla extract

In the bowl of a stand mixer with the paddle attachment, beat the butter until fluffy. Gradually add the cocoa powder, confectioners’ sugar and half the milk and beat well. Gradually add the remaining milk and beat until the mixture is spreadable. Makes enough frosting for two cakes. Store remaining frosting tightly covered in the refrigerator and use within a week to ten days.
ΚΑΛΑ
ΧΡΙΣΤΟΥΓΕΝΝΑ
ΚΑΙ ΚΑΛΗ ΧΡΟΝΙΑ

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The President of the Federation of Hellenic Medical Societies of the United States & Canada

Spyros G.E. Mezitis, MD, PhD

wishes to all Hellenes and Philhellenes a Very Merry Christmas and a Happy and Healthy New Year 2016

May the New Year bring strength to Hellenic Education, unity in the Greek American Lobby, and synergy among the Greek-American Societies!

For Greece, may the New Year bring hope, prosperity and social justice.

Spyros G.E. Mezitis, MD, PhD
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Merry Christmas and Happy New Year!
Michael and Robin Psaros & Family

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The entire
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Board of Trustees and all our National officers

MERRY CHRISTMAS
&
Happy New Year 2016

Καλά Χριστούγεννα
και
Ευτυχισμένος ο καινούριος χρόνος 2016

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What was Christmas Day like in 1776, the first year that the United States became a nation? One can envision the euphoric new Americans, in only the fifth one of their newly gained independence, reveling in the novelty of it all – frolicking about, donning their extravagant Colonial garb, and developing new Christmas traditions as they retained many of the ones they learned from their recently shunned Mother Country, Great Britain, of which they had been part as recently as July of that year. Well, not exactly…

Far from being a day of peace, love, and celebration, the very first Christmas in the United States was dominated by war, and sneak attacks – not exactly the makings of a Hallmark card.

It all begins with remembering that when the Colonies declared their independence from Britain, it is not as if the British responded: “oh, you want to be your own country? Sure, no problem!” Instead, they sent more troops this way to teach the Colonists a lesson and to stop all the crazy talk about independence. The Revolutionary War, also called The War for Independence, lasted approximately seven years until the Brits finally decided it wasn’t worth the fight, packed up, and went home.

In the war’s early stages, however, and certainly as early as December 25, 1776, the tide was strongly in the Brits’ favor. After all, they were the mightiest military force in the world, and the Colonists were a bunch of untrained men, united only in their common disdain for being British subjects. Few thought they had any prayer of even holding their own, let alone prevailing.

But General George Washington had an idea – to cross the Delaware River from Pennsylvania to New Jersey, in order to surprise Hessian troops – German soldiers hired as mercenaries to fight for the British side – on Christmas Night, when Washington figured they would be caught off guard because of holiday celebrations.

He was right; when Washington’s troops crossed into Trenton early the next morning, they were able to best the surprised Hessians in battle. Without enough reinforcements, though, Washington’s troops could not claim a stronghold. Worse yet, against Washington’s orders to destroy the captured rum, his exuberant men drank much of it, rendering them drunk and useless.

Nonetheless, the battle was an important psychological victory for the Continental Army, which to that point suffered setback after setback – the victory, however minimal, gave it a boost of confidence and hoisted the national morale. Arguably, it was the turning point of the war.

PARTYING WITH THE WASHINGTONS

The young American nation would, of course, tend off the British threat and retain their independence. After their first official form of government established as a nation, based on the Articles of Confederation, failed after seven years, the Founders reassembled in Philadelphia and wrote the Constitution. It was ratified in 1788 and George Washington became the first president under the Constitution, taking office in early 1789.

Christmas would not become an official American holiday until many years later. Meanwhile, President George and First Lady Martha Washington celebrated Christmas in a dignified and understated manner.

It was not until 1795, Washington’s sixth year in office, that Members of Congress gave them a party. It took place on Christmas Day that year, and was described as festive and bountiful – attended only by men, except for the Mrs. Washington.
“And the Word became flesh and dwelt among us, and we beheld His glory, the glory as of the only begotten of the Father, full of grace and truth” (John 1:14)

A Blessed Christmas and a Happy and Healthy New Year

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wishes all

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ALEX and FAYE SPANOS and Family

Orthodox Christian Laity

Merry Christmas and Happy New Year.
Let us continue to pray for Orthodox Christian Unity in the United States.

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The American Hellenic Institute and its Affiliates
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The AHI Business Network
The AHI Public Affairs Committee

wish all
a Merry Christmas
and
a Joyous New Year

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PETER J. & CATHY PAPPAS

Congressman John Sarbanes and his family extend warm wishes for a joyful Holiday Season and a Happy New Year.

Congressman
JOHN SARBANES
Maryland's Third District

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A blessed and Joyful New Year

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Leon Andris and Family

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Wishes all our friends

Merry Christmas and a Happy and Healthy New Year
Wishing all of our friends and supporters Happy Holidays and a Happy New Year

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The TOM KOURKOUMELOS Family

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A Merry Christmas &

A Happy New Year!

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