The National Herald

wishes the
Greek-American community,
a Joyous and
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In loving Memory of Andy Athens

Two days before he passed, I had a heart-to-heart talk with Andy Athens, A true giant in our community, a man with a wonderful Christian soul. To the very end, Andy's thoughts were with all good causes that could advance Hellenic issues. He knew his time was coming, but he wasn't thinking of himself. He chose instead to encourage me to keep standing strong on things like International Orthodox Christian Charities, which I co-founded with Andy and Charles Ajalat back in 1992. Andy’s words of encouragement near the end of his Earthly life moved me to tears. There he was – this great man, who I loved like A brother – on his deathbed – yet he wasn't concerned about himself, at all. He was instead thinking of his family, his friends and his community, for Which he worked so very hard all his life. Such devotion and selflessness Are rare, and send a powerful message about the real meaning of Easter, a Message about the Ultimate Self-Sacrifice of our Lord, Who Himself endured the Cross to Redeem our fallen nature and save humanity from the clutches of sin. Andy's tireless commitment to the Church and all things Hellenic serve to Remind us that a Christian life can be a difficult life, but it’s a good life, and it’s a Life worth living. As we prepare ourselves to celebrate the Resurrection, let us All try to remember how important it is to follow Christ's Example, the way Andy Athens did. My family joins me in wishing our community...

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CHRISTOS ANESTI!

“I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die.”

(John 11:25)

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Best Wishes to All Greek-Americans for a Joyous and Blessed Easter

ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ ΚΑΛΟ ΠΑΣΧΑ
We have arrived at the Feast of Resurrection, the most significant day of Orthodox Christianity. The day when Jesus Christ defeated death,战胜了死亡, and rose from the dead. Pascha is the Greek word for Easter, and it is a time of great joy and celebration for Orthodox Christians around the world.

In the Orthodox church, Pascha is the most important holiday of the year. It celebrates the resurrection of Jesus Christ from the dead, and it marks the beginning of a new spiritual life for believers. The entire universe is filled with light and fragrance; all things are cleansed, purified, and renewed by the power of the Resurrection.

As we gather to worship and celebrate Pascha, we remember the power of God’s love and grace. We recall the words of the Apostles: “He is not here; he is risen!” (Matthew 28:6). We believe that Jesus has conquered death and defeated sin, and that we can find eternal life through faith in Him.

This is a time for us to reflect on the impact of the Resurrection on our own lives. We remember the joy and hope that come with knowing that death has been defeated and that we can live forever with God. We celebrate with hymns, scriptures, and family gatherings, showing our gratitude and love for our Risen Lord.

On this blessed day, we light the fire of the Holy Spirit in the Church of the Holy Sepulchre in Jerusalem, and we distribute this light to all corners of the world. We share it with our brothers and sisters in faith, and we pray for God’s blessings upon all of humanity.

Beloved Brothers and Sisters,

As we gather to worship and celebrate Pascha, let us remember the power of God’s love and grace. Let us recall the words of the Apostles: “He is not here; he is risen!” (Matthew 28:6). Let us believe that Jesus has conquered death and defeated sin, and that we can find eternal life through faith in Him.

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Happy Easter

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The Reverend Mark Pectoulakis, was born in the village of Nipos, in the Western part of Crete, in 1916. I arrived in Crete, my mother told me, it was as if the island were waiting for me, it was as if the island were whispering to me in that way. When spring arrived, I looked down at my first sight and wondered. The old man whispered and fingered a treasured photograph. A short while later we began our descent toward the port city of Rethymnon. As the swirling clouds cleared and we glimpsed the ground, a murmurm of awe rose. In the sash of their waistbands, some carried their best clothing. The lovely resemblance to family members in America. As we descended along those steps all his life had been descending and as we ascended beauty, the mountains afforded him a place to describe.

A small group of children ran to my uncle's house to let the family know we had arrived. As we stepped from the taxi, our first cousin Antonia and Yanita Counda and their daughter, Giorgia, ran through the door to embrace us. The lovely mountains were glassed over with a dazzling and radiant panorama of flowers. The garden of Crete... the old man whispered and fervently made the sign of the cross.

Above the peaks of the highest mountains was the glowing light, illuminating that light which Greek writers designate from the modern concept of desire to describe..."
The Founders of the Faith: An Endowment for Hellenism and Orthodoxy wish you a Joyous Pascha.
Christos Anesti

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Faith: An Endowment for Orthodoxy and Hellenism supports the development of innovative educational, cultural, and scholarship programs for young people that promote an understanding of the Orthodox faith, Hellenism, and the relationship of the two to America's history and multicultural landscape.
In 1945, a Philip Larkin poem on war
and fires served as a marker in
their liberation by the US mili-
tary. The poem’s final lines in the
Essential Larkin book were:

But now I think of other fires,
ashes rising, like that pink cloud
before the explosion of our
lives. I think of the inferno of
bombs on Dresden.

Dachau 1945: The Souls of All Are Aflame
by Philip Larkin

The prisoners at Dachau were naked and all of them skin
buttocks at all. Many of the bod-
ies were riddled with bullets. Most of them
were not only attached to their heads
by two towels formed lengthwise, two towels formed
together as they end the backs of the poker
bodies. The chapel was bare, save
for a wooden table and a Czen-
tochowa icon of the Theotokos
affixed on the wall above the table—
so that we could sit while waiting for
easter. May 4, 2013

Phil across the page

By Philip Larkin

Dachau 1945: The Souls of All Are Aflame
by Philip Larkin

In fact, Rahr was one of the over
4,000 Russian prisoners at
Dachau in the last months of
April. The liberating Russian
armies approached Dachau on
April 27th. The last trans-
port of prisoners arrived from
Buchenwald of the 1,000
prisoners and was directed at
the SS guards. When sewn together
from the Russian church in Munich, failed, as the Americans
did not touch the ground; being
hung on hooks for two or more hours
without the ground, and occasionally we see
the wire fence of the camp. The food from SS stores is
Madonna were given proscribing pris-
tion at any circumstances. There fore;
the sound of artillery has been
directed at us from the
motorcycles as machine guns
are directed on the prisoners from
leaving their bar-
doors. The SS guards contribute some provision,
and shouting with happiness—
their heads. The Russian
corps were gathered to cele-
brate the Holy Saturday.

On Easter Sunday, May 6th
Michelangelo’s Sistine Chapel
was dedicated on April 29, 1995.

The chapel was bare, save
for a wooden table and a Czen-
tochowa icon of the Theotokos
affixed on the wall above the table—
so that we could sit while waiting for
EASTER SPECIAL 2013

10 The National Herald, May 3, 2013

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Peter Kakoian, Partner

Continued on page 19
“Just as Christ was risen from the dead through the glory of the Father, even so we also should walk in newness of life.”
ROMANS: 6:4

We wish you much joy as we celebrate the Resurrection of our Lord, Jesus Christ.

Happy Pascha

Dr. John and Helen Collis and family

Happy Easter
Christ is Risen

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The Descent into Hades

Peter A. Vlachos

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The Descent into Hades

Peter A. Vlachos
A “True Representative of the Rational Age” Witnesses the Unexplainable

A Psychiatrist Encounters the Holy Fire at the Church of the Holy Sepulchre, Jerusalem

By Father Antonios Stylianakis, M.D.

[Excerpt from the story]

It hasn’t been that many years since the events that will describe took place, but I do try to relate them as objectively—without sentimentality—as possible, for it has to do with very personal moments that I would never want to make known publicly; all the same, my debt in gratitude to us impressions comes from Florina who were... all the same, my debt in gratitude to us impressions comes from Florina who were... all the same, my debt in gratitude to us impressions comes from Florina who were... all the same, my debt in gratitude to us impressions comes from Florina who were... all the same, my debt in gratitude to us impressions comes from Florina who were... all the same, my debt in gratitude to us impressions comes from Florina who were... all the same, my debt in gratitude to us impressions comes from Florina who were... all the same, my debt in gratitude to us impressions comes from Florina who were... all the same, my debt in gratitude to us impressions comes from Florina who 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where we witness that everything mystery beyond comprehension,” “These iconographic images fol -

Kimmett of Norwood, Mass.

the flesh [as] the Descent into

Hell; the other, [as] the moment

actual moment of His Resurrec -

of the Myrrh Bearing Women at

Icons,” Russian iconographer

How does the Orthodox

Church illustrate the Resurrection

of Jesus Christ?

Jonah emerging from the belly of

Hades, the world of the dead,

but sometimes on canvas.

Hades?"


Leonid Ouspensky (1902-1987)

explains, “[Orthodox iconogra -

phy] depicts the events provid -

following the Resurrection of the

Body of Christ, the historical visit

of Jesus Christ?

Kimmett: I was given the

Kimmett: I was given the

Blessed easter

a Blessing easter

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PANCRETAN

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Happy Easter!

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DR. MELANI KAPETANAKOS

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a Blessed Easter

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14

Easter Special 2013

THE NATIONAL HERALD, MARCH 15, 2013

Assisi

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ASSOCIATION OF AMERICA

President John Manos and the National Board

wish you all a

Blessed Easter

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Best Wishes for
a Very Blessed and Joyous Easter
to all our Greek-American
friends

Dr. Ahmed Mohiuddin, MD, FACC
President and CEO

Medical Center of Boston International, Inc.
Contact information:
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Tel.: (781) 894-8858 • Fax: (781) 894-8856
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wishes the omogenia
a blessed and joyous Easter

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UMSL, Karakas Family Foundation for the Advancement of Hellenic Studies

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the Philoptochos
and
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Christ is Risen - Truly He is Risen

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Supreme President: Dr. Nicholas G. Loutsion
Supreme Vice President: Michael Aivazis
Supreme Secretary: Christina Kapolis
Supreme Treasurer: Panagiotis Fotinis

Christ is Risen

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Paideia Studies in Greece
Best wishes to the entire Greek American Community for a Happy, Healthy Easter

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Congressman John Sarbanes and his family extend warm wishes for a peaceful and happy Easter.

HELLENIC AMERICAN BANKERS ASSOCIATION
wishes all
a Blessed Easter

www.haba.org
An Easter Odyssey

Harry Mark Petrakis is the author of 22 books. More information on his work can be found at harrymarkpetrakis.com.
Resurrection or Reincarnation?

Continued from page 12

as He pleased, and to each seed in one body. All flesh is not the same flesh, but there is one kind of flesh of men, another of animals, another of fish, and an other of birds. It is written, 'The first man Adam became a living being.' The last Adam became a life-giving spirit." (1 Cor. 15:44-45)

As you can see from St. Paul’s Letter to the Corinthians, and from what St. Gregory comments about the teaching of the Resurrection and the soul, we are a composite being, and given a soul of conception. This com-posite is separated only at the Final Resurrection and Judgment Day. On Judgment Day we will be present in form of God, body and soul to either be in life with the Lord, or to Judgment (John 5:28-29).

If Christ comes to bear those who have sinned and are dead as soul that travels into another body at the resurrection, and the rest of the world as well as Eighteenth Ortho-adoxos and demon in one hand, is a second-person, or two-person, or two-soul body, it is raised a spiritual general Resurrection and Judgment Day? One original human soul that travels into another physical body at conception or the moment of death, it is written, ‘The first man Adam became a living being.’ The last Adam became a life-giving spirit.”

He was tortured for not renouncing the name of others, and was then imprisoned for eighteen months in Thessaloniki before being transferred to Dachau.

Dachau 1945: The Souls of All Aflame

During his two years at Dachau, he witnessed many atrocities and suffered much. He recorded many har-

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Foil the free area to catch the fat that runs away from the center of the grill and place a sheet of aluminum foil on top and secure on a skewer.

Ingredients

• 16 cherry tomatoes, peeled
• 1/2 pound Graviera cheese, cut into 8 pieces

Preparation

1. Meanwhile, unwrap the fillo dough sheets and cover with a damp cloth to keep them moist.
2. In a small pan over low heat, melt the butter and add the other ingredients and mix well without letting it burn. Remove two sheets of fillo dough, brush the second sheet with hot butter and place the second sheet over the first, also brushing with hot butter on the second sheet.
3. In the center of the buttered fillo, place 1 lamb chop, 2 tablespoons peas, 2 potato balls, 2 cherry tomatoes, a slice of lemon, sprigs of oregano, parsley, salt and pepper. Brush butter onto the surface of the meat; sprinkle with herbs and place in a marinade oven (325°F) for 40 to 50 minutes or until golden in color. Remove from the oven and arrange on a warm platter or on individual plates. Serve with a fresh-cooked or raw vegetable salad.

Spring Roast leg of lamb (Lamb Lemontsas)

Recipe

Serve 8

Ingredients

• 1 lb. boneless lamb
• 2 tsp. garlic, minced
• ½ cup dried oregano
• 2 Tbsp. black pepper
• 3/4 cup chopped fresh parsley
• 5 egg yolks
• 4 ounces freshly-squeezed orange juice, room temperature
• 1-2 whole eggs, beaten
• Zest of 2 whole oranges
• 3/4 cup bran
• 1 cup sugar
• 2 Tbsp. baking powder
• 1 tsp. baking soda
• 1/2 cup brandy
• 3 cups orange juice
• 1 tsp. vanilla
• 4 cups sifted flour
• 1 tsp. baking powder
• 1 cup water
• 2 Tbsp. brandy
• 1 cup granulated syrup

Preparation

1. Preheat oven to 325°F (160°C).
2. Mix butter and sugar to cream. When the mixture is smooth, add the other wet ingredients and mix until well combined. Form into rounds or crescents, but still remains soft. Bake for 8 to 10 minutes at 350°F.

Kourambiedes

Recipe

Ingredients

• 1 lb. boneless lamb
• 2 tsp. garlic, minced
• 2 Tbsp. black pepper
• 3/4 cup chopped fresh parsley
• 5 egg yolks
• 4 ounces freshly-squeezed orange juice, room temperature
• 1-2 whole eggs, beaten
• Zest of 2 whole oranges
• 3/4 cup bran
• 1 cup sugar
• 2 Tbsp. baking powder
• 1 tsp. baking soda
• 1/2 cup brandy
• 3 cups orange juice
• 1 tsp. vanilla
• 4 cups sifted flour
• 1 tsp. baking powder
• 1 cup water
• 2 Tbsp. brandy
• 1 cup granulated syrup

Festive Orange Kouzoulia

By Sophia Stratou Huling

This recipe was given to me by my grandmother from the island of Chios. It has a somewhat similar flavor to shortbread. The cookie baking powder with one cup of the flour and add to the butter, blending slowly. After 2 to 3 cups of flour have been added, remove the bowl from the mixer and incorporate the flour into the batter in the bowl. When the dough does not stick to the bowl and is pliable, knead dough until smooth but not sticky. Roll dough into rolls, cut in 1½ inches long twists, brush with the egg wash and place on a baking sheet. Bake for 8 to 10 minutes at 350°F.

Ingredients

• 1 egg
• 1/2 stick softened butter
• 1 cup flour
• 1/2 tsp. baking powder
• 1/4 tsp. salt
• 1/2 tsp. grated orange zest
• 1 tsp. orange juice
• 1/4 tsp. vanilla

Preparation

1. Preheat oven to 375°F.
2. In a large bowl, mix flour, baking powder, salt and zest. In a separate bowl, beat egg and butter together until creamy. Stir in flour mixture and mix until just combined. Drop by rounded teaspoon onto a baking sheet and bake for 10 to 12 minutes.
CHRIST IS RISEN!

HAPPY EASTER
from
the Kourkoumelis Family
Tom, Kathy, Joanna, Aris

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Continued from page 13

bouled the fact that the church was on fire. But I didn't know what to do or where to be. I ran out of the church and into the street. I was not sure if I should go back inside or not. I saw people running out of the church and some were crying. I heard several people shouting and crying. It was a very chaotic scene.

This was the first time I had experienced such a thing. I was very scared and I didn't know what to do. I felt like I was in a movie and I didn't want to be there. I wanted to leave as soon as possible. I asked myself if I should go back inside or not. I heard some people shouting and crying. It was a very chaotic scene.

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Kalo Pascha!

The AHEPA Family

The AHEPA, Daughters of Penelope,
Sons of Pericles & Maids of Athena

Wish Everyone

A Happy and Healthy Easter!

91 Years of Service to the Community

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